Enfield Senior Center 299 Elm Street, Enfield, CT 06082 860-763-7425 News Release for the Week of July 27, 2020

Even though we are closed to the public, staff is in the building and we still have virtual programs happening. Read below to see some of the programs we have coming up.

If you are not receiving our weekly e-mail updates please call the center at 860-763-7425 to provide us with your e-mail information or email us at seniorcenter@enfield.org.

Senior Center Programs

Take a Virtual Tour of Boston's Freedom Trail

Join in on July 28 at 11:00 am. Let us Connect & Explore Boston's Freedom Trail from the comfort of home with our Tour Director, Bob Read. All the sights and history without sore feet, weather worries, crowds, or traffic. Bob will be our live guide on this one-of-a-kind Zoom experience. He will be there to answer your questions, share historical stories, images, and his immense knowledge of the Freedom Trail from the Boston Common to Bunker Hill. Thanks to Zoom, you will be able to see and visit with your fellow travelers via video chat.

Boston's iconic 2.5 mile-Freedom Trail connects 16 nationally significant historic sites, each one an authentic treasure. Our virtual tour will take us past the State House, King's Chapel, Old State House, Faneuil Hall, Paul Revere's House, Old North Church, USS Constitution, and end by the Bunker Hill Monument. We will spend an hour together including time for questions and chats during the tour.

This is sure to be a lot of fun and maybe a little educational too (perfect tour for your children or grandchildren to join along with you!).

Registration in advance is required. We are excited to offer this opportunity to Connect & Explore LIVE through Zoom. Please join us complimentary OR if you would like to help offset the cost of this production there is a suggested fee of \$10 per person. Once you register, your confirmation will include instructions on how to get your Zoom meeting link. You will receive an email confirming your registration with a Zoom Link to be used to join the tour.

Questions? Need help registering? Please contact heidi@friendshiptours.netxplore

The following services are available via phone and are free 15-minute consultations. Call the Senior Center at 860-763-7425 to schedule an appointment.

Ask the Real Estate Agent: August 5th

Ask the Lawyer: August 26th

Legal Consultation: August 18th

Ask The CPA: Open availability

Occupational Therapy Telehealth Sessions:

We are working with Bay Path University's Occupational Therapy students to create telehealth sessions in a group format and/or individual, If you are interested, please contact either: Nancy Darrah at ndarrah@enfield.org or Alexis Ferioli at aferioli@baypath.edu

Pen Pal Program:

Were you a Girl Scout growing up? Do you remember the feeling of earning a new badge? You can help a Girl Scout in your area have that same feeling!

The Senior Center is partnering with a local Girl Scout Troop for a Pen Pal Program! You will be paired up with a Girl Scout to exchange letters in the mail. To register for this program please call the Senior Center at 860-763-7425 or email us at seniorcenter@enfield.org

Scattergories via Zoom:

Every Tuesday at 11:00 am, join us for a fun game of Scattergories via Zoom. Please call the Senior Center at 860-763-7425 or email us at seniorcenter@enfield.org and we will send you a link to get into the meeting. We did a test run with the employees and it was a blast!

Virtual Coffee Hour:

Join us for Virtual Coffee Hour, <u>Every Thursday from 9:30 -10:30 am</u>. Just a chance to socialize and connect each week. To attend the chat, email us at: <u>seniorcenter@enfield.org</u>, or send us a message in Facebook messenger. Click "going" on the Virtual Coffee Hour Facebook event.

We will send you the Zoom meeting link and password that Thursday, after you contact us that you would like to participate.

Make it and Take It:

Pick up a kit curbside to create a handmade greeting card. Please call Nancy at 860-763-7437 to arrange pick-up.

We miss everyone, together we will get through this! Please like us on Facebook, where you can find many virtual programs and activities.